Creative Intervention Centers: How Campus Makerspaces Can Be Tweaked to Combat the Pandemic-induced Mental Health Crisis

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Identifying students at highest risk

Who to Target

- First-generation college students
- First-year college students
- Minorities
- Ambiguous loss
- Loss of family members
- Students with disabilities
Allowing for “meaning-making”

How to Make Space
- Discuss artwork
- Let students explain creations
- Listen

Confidentiality
Detachment
Reflection
Idea To Try

- Candle making
- Remembrance items
- NFTs
- Doodles
- Gifts for others

Culturally Sensitive
Rewarding
Fulfilling
Easy
Setting the mood

Ask Yourself

- What’s popular?
- What’s inspires dance?
- What inspires singing?
- What do you want students to feel in the space?

Instrumental

Relaxing

Upbeat
In Conclusion

wellness informed makerspaces...

...just might save a life.

Join my network: linkedin.com/in/maryaguillory
Bibliography


